



**Volume XXVIII      Number 9      September 2016**

**Sailing Singles of South Florida**

**[HTTP://SAILINGSINGLES.ORG](http://sailingsingles.org)**



**Up Coming  
Events**

**General Meeting**

**1 Sep**

**SSSF Board Meeting**

**26 Sep**

**Hurricane Season Peak**

**17 Sep**

**From the Helm By Lynette Beal, Commodore**

Ahoy SSSF Members! I wanted to let you know that I will be going to Alaska in September so you will not see me at Flip Flops for most of the month. Our Vice-Commodore Anne Ekstrom will chair the SSSF Board meeting scheduled for 9/26/16 at Tequila Sunrise at 6:30 pm. I will be back to attend the October General Meeting scheduled for 10/6/16. I would also like to announce that the SSSF General Meeting time will be at 7:00 pm each month for the remainder of the year. Happy Hour will be 6:00pm-7:00pm and the meeting will then be convened at 7:00. Anne will be in charge during my absence.



The October General meeting will be very important as the SSSF Nominating Committee will present a list of candidates for the 2017 Election scheduled for the November General Meeting. Nominations from the Floor can be made. If you cannot attend the November General Meeting you can request an Absentee Ballot within 2 weeks before the Election. Procedures will be sent out.

We had a very successful Labor Day Weekend on Peanut Island. More great activities like the Halloween Party, SOS and Nauti-Olympics are in process. The Holiday Party, Boat Parade and Change of Command are also around the corner.

See you in October - Lynette

**SSSF Labor Day Chili Cook-off at Peanut Island**

The publication of the September Mainsheet was delayed to cover the activities at the Chili Cook-off. We did not want to wait until the October issue to capture this great event.

The Editor

## **Sailing Singles of South Florida**

### **Peanut Island Overnight Sail and Chili Cook-off**

SSSF had a great Labor Day Weekend! Those that came by boat were able to anchor off Peanut Island and enjoy the good weather. Captain Kelly Dobbs- the Grand, Captain James Bradford-Viking Princess, and Captain Tom Mestrits- Skeeter. We had close to 50 people attend and most were transported by Dinghy. A big thank you to all of our Dinghy Drivers. The Chile Cook-off was a huge success with 8 Chili Teams and we even had Chili Dogs provided by Brian Brown!! The day was packed with activities. SSSF members were greeted by Holly Griffin and if in western wear they received a SSSF Bandana!! People had cowboy hats, Indian outfits and even a saloon girl (Anne Ekstrom, Miss Chili Girl! She looked fantastic. Tom Mestrits was the Coolest Cowboy in Star-Studded Duds. Everyone enjoyed Target Shooting and Round'Em Up with great prizes. Quite a few people were able to snorkel and Sheila O'Neill led the group to the best location. Bill Roberts did a great job at the Watering Hole!! Overall it was a spectacular day. Captain Kelly Dobbs and Sheila O'Neill are to be congratulated for putting on a wonderful event. Congratulations to all of the Award Winners listed. Thank you to all of the Volunteers.

### **Volunteers and duties**

Cook-off Greeter - Holly Griffin

Dinghy Service - James Bradford, Richard Harper, Kelly Dobbs

Games - Lynette Beal

Music - Rich Hustins

Water'in Hole - Bill Roberts

Voting Supervisors - Carol Horning, Jean-Marie Gordon, Sheila O'Neil

Pre-Cook-off Setup - Lynette Beal, Bill Roberts, Rich Hustins, Cathy Harper, Richard Harper, Susan Cohoat, Jane Haughian, James Bradford, Holly Griffin, Kelly Dobbs, Sheila O'Neil



## **Sailing Singles of South Florida**

### **Labor Day Chili Cook-off Winners**

Most Awesome - 1st Place - Veggie Chili - Team3

(Crew Chief Terry Patterson, Karen Foster, Cynthia Lynne, Carol Horning, Cindy Kehoe)

Very Popular - 2nd Place - Aloha Chile - Team 4

(Crew Chief Kelly Dobbs, Susan Cohoat, Jan Haughian, Jim Price, Sharon Schultz)

Well Liked - 3rd Place - Ooh La La Chili - Team 5

(Crew Chief Camille Galindo, Tom Mestrits, Ann Ekstrom, John Knoheim, James Bradford)

Miss Chili Cook-off - Ann Ekstrom

Cutest Cowboy - Tom Mestrits

Target Shooting Winners: Dot Castell, Camille Galindo, Jean-Marie Gordon, Karen Foster, Adrienne Jalowsky

Round'Em Up Winners; Lillian Bracht Kern, John Foy, Dot Castell, Camille Galindo, Beverly

The remaining prizes were handed out in the afternoon to people playing at the beach and to those that did not get a prize earlier. There were some great squirt gun wars!



**Photos by Susan Cohoat**



## Sailing Singles of South Florida





## Sailing Singles of South Florida



## Sailing Singles of South Florida

### The Perfect Club Sail includes a Rescue at Sea

On Saturday, August 13, *The Grand* set off for a great day at sea as an SSSF Club Sail.

Crew Chief Sheila O'Neil, lined up crew, prepared a menu, and emailed travel directions, sailing itinerary including boarding and launch times. Crew Doug Noble and Crew Gillian O'Neill, carpooled to Palm Beach Gardens.

Glancing at my phone, I saw 0959 hours, I could hear the crew walking down to *The Grand*, laughing and chatting away. Right smack dab on time, I LOVE THAT! Using a bucket brigade line we quickly put the provisions on board and stowed just as fast. *The Grand* was able to depart the dock 15 minutes early making the 1015 hours Parker Bridge opening. PERFECT!!

Winds were brisk and (of course) right on the nose blowing 18+ knots. We did a few trial tacks after entering the lake as we traveled southbound towards the Lake Worth inlet in Palm Beach.

*The Grand* sailed around Peanut Island at low tide dodging kayaks. Then the crew put one reef into the main sail as we entered into the Port of Palm Beach's turning basin. The inlet had big rollers which *The Grand* danced through with ease; then sailed towards the south east. Our first tack was near a small 18' to 23' outboard with a dive flag raised, stiff in the breeze. As we approached the crew noticed the small boat's operator was quite a distance from his diver's flags; he moved his boat closer after seeing us.

*The Grand* sailed south towards a large container ship. Rounding the ship we headed for the Palm Beach Inlet. Half way to the inlet, the VHF radio blasted "**MAY DAY, U.S. Coast Guard MAY DAY**"; the call was coming from a boat who's operator had lost contact with its two divers. He said he had been searching for them for 20-30 minutes before he called the Coast Guard with a MAY DAY. The boat location was transmitted to the Coast Guard and as the boat's operator reported his location



I was watching my GPS. "That's where we are," I said. We dropped and furled our sails started the motor and took out our binoculars; all eyes were on the sea looking for two dive flags. After about 15-20 minutes *The Grand* arrived near the small boat that made the MAY DAY call. Seas were about 4'-6' but *The Grand* had the advantage of a crew with MOB training and a boat that stands 6' above the water line. Mate Doug Noble spotted two dive flags and pointed. We headed toward the flags and signaled the small boat's operator indicating we could see the divers. The small boat's vision was made difficult by the high seas and he did not seem to be answering his VHF radio but recognized our yelling and pointing. He full-throttled his small boat in the pointed direction. We rounded the small outboard as the happy divers were relieved to be with their boat again. The boat's operator confirmed he radioed the coast guard with the happy news.

Continued on page 7

## Sailing Singles of South Florida

Entering the Palm Beach inlet 15 minutes later we met the sheriff's boat entering the sea with flashing red/blue lights. *The Grand* hailed the authorities and told them divers were safe. The sheriff continued to the small vessel.

After all the excitement, *The Grand* anchored inside the inlet, had lunch and sailed back to the dock. Perfect Club sail day! It is a day on the water, like this, that stay in your memory, without the aid of photos or Facebook. — **Captain Kelly Dobbs**

### How the Grand got its Name by Capt. Kelly Dobbs

Five years ago I heard thru a friend that a sailboat was sunk in his marina and is totaled. He suggested I call the insurance company and buy it, fix it up, and live on it. I did just that. Well after 5 weeks of phone tag, I got a call from a supervisor who said "YOU WILL BUY IT AS IS, WHERE IS, NO STRINGS? Yes I said. "How much?." She said \$1,000.00. I said on my way to your desk NOW! Now you know why my boat is called "The Grand." I have spent many more grand to date but, it is all worth it.





## Sailing Singles of South Florida

### September Birthdays

<b>Karen Brown</b>	<b>9/14</b>
<b>Patricia Knapp</b>	<b>9/15</b>
<b>Frances Koerner</b>	<b>9/5</b>
<b>US Constitution</b>	<b>9/17</b>
<b>Pauline Morissette</b>	<b>9/30</b>
<b>Stefani Mueller-Punga</b>	<b>9/30</b>
<b>Fred Van Everdingen</b>	<b>9/26</b>
<b>Peter Wilkinson</b>	<b>9/10</b>
<b>Harley Wood</b>	<b>9/14</b>



### New Members

Joseph Basil

Jennifer Beckman

James Bouskela

Dan Cook

Harry De Baby

Paul Ferguson

Sandra Fernandez

Gabe Forray

Howard Grossman

Amy Gugick

Carol Horning

Steve Kivett

Cheryl Lutz

Russ Maclin

Wendy McCarthy

Sofia Mercer

Stefani Mueller-Punga

Tina Owens

Chong Piper

Marcus Robertson

Sandi Saunders

Sharon Schultz

Sandra Stafford

Prince Taylor

John Henry Falk



# Sailing Singles of South Florida

## 2016 Board of Directors

Commodore	Lynette Beal	<a href="mailto:commodoresssf@sailingsingles.org">commodoresssf@sailingsingles.org</a>
Vice Commodore	Anne Ekstrom	<a href="mailto:vicecommodoresssf@sailingsingles.org">vicecommodoresssf@sailingsingles.org</a>
Secretary	Gillian O'Neill	<a href="mailto:secretarysssf@sailingsingles.org">secretarysssf@sailingsingles.org</a>
Treasurer	Jane Haughian	<a href="mailto:treasurerssf@sailingsingles.org">treasurerssf@sailingsingles.org</a>
Social Director	Debi Hallmark	<a href="mailto:socialdirsssf@sailingsingles.org">socialdirsssf@sailingsingles.org</a>
Membership Director	Susan Cohoat	<a href="mailto:membershipdirsssf@sailingsingles.org">membershipdirsssf@sailingsingles.org</a>
Sailing Director	Stan DeKiel	<a href="mailto:sailingdirsssf@sailingsingles.org">sailingdirsssf@sailingsingles.org</a>
Fleet Captain	Kelly Dobbs	<a href="mailto:boatownersrepsssf@sailingsingles.org">boatownersrepsssf@sailingsingles.org</a>
Mainsheet Editor	Dick Linehan	<a href="mailto:newsletterdirsssf@sailingsingles.org">newsletterdirsssf@sailingsingles.org</a>
Internet/Media Producer	Max Goldstein	<a href="mailto:webmasterssf@sailingsingles.org">webmasterssf@sailingsingles.org</a>

### Room for rent!!

In a shared home in the beautiful Coral Ridge Estates!  
4 bedroom, 3 bath//\$700 Monthly, all amenities included  
pool, close to the Beach!  
Call [954-565-0086](tel:954-565-0086)/ Karen

### SUMMERFIELD BOAT WORKS, INC. *Complete Marine Repairs*

1500 S.W. 17th St. Ft. Lauderdale, FL 33312  
PHONE 954-525-4726 E-mail: [frank@summerfieldboat.com](mailto:frank@summerfieldboat.com)  
FAX 954-525-8613 Website: [www.summerfieldboat.com](http://www.summerfieldboat.com)

FRANK GIAMBATTISTA



SINCE 1940

Assistant Manager

## Mainsheet Deadline

The deadline for the October issue is 24 September