



Sailing Singles of South Florida

Mainsheet

Volume XXVI

Number 8

August 2015



Sailing Singles of South Florida

[HTTP://SAILINGSINGLES.ORG](http://SAILINGSINGLES.ORG)

PO Box 4532, Ft. Lauderdale, FL 33338

Up Coming Events

Beer can race
Aug 23

Peanut Is cruise
5 to 7 Sep

Roberts Rules of Order

A few months ago, Gillian O'Neill personally hired a Parliamentary and Roberts Rules Certified instructor to run a mock meeting for the SSSF board. Since that time, the board has run both board meetings and general meetings under Roberts Rules of Order. There is a noticeable organization and faster flow in the meetings. Also, at every general meeting, every member has a chance to speak under "The Good of the Order" for 3 minutes.

SSSF Brown Bag Wine Tasting by Lynette Beal

On July 11, SSSF hosted our first Wine Tasting at the Renaissance II Sky Lounge overlooking the beautiful Atlantic Ocean in Pompano Beach, FL. Our host Karen Foster, a SSSF Board member provided the beautiful location and had the vision for this elegant affair along with Susan Cohoat our Sailing Director. Our Social Director Lynette Beal worked with Karen and a Team of Volunteers to make this very successful party so fabulous! There were 60 people that attended and thoroughly enjoyed the evening.

Four Team Leaders were assigned to work with SSSF members to bring certain wines to be tasted. The Bottles at each station were in Brown Paper Bags. Terry Patterson was in charge of the Cabernet Sauvignon Table. Marie Alcazar was responsible for the Pinot Grigio Table. Susan Cohoat had the Chardonnay Station, and Lynette Beal was responsible for the Rose' Table.

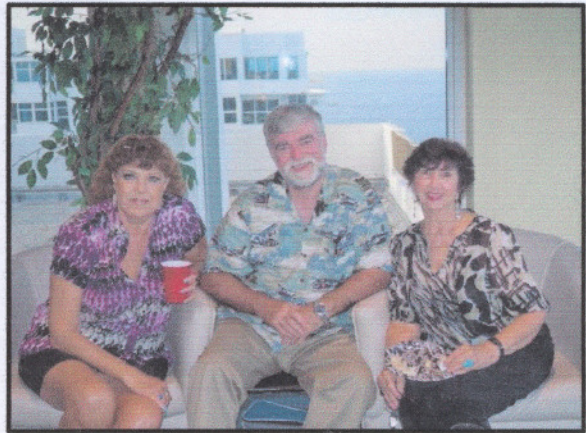
Continued on page 2

Sailing Singles of South Florida

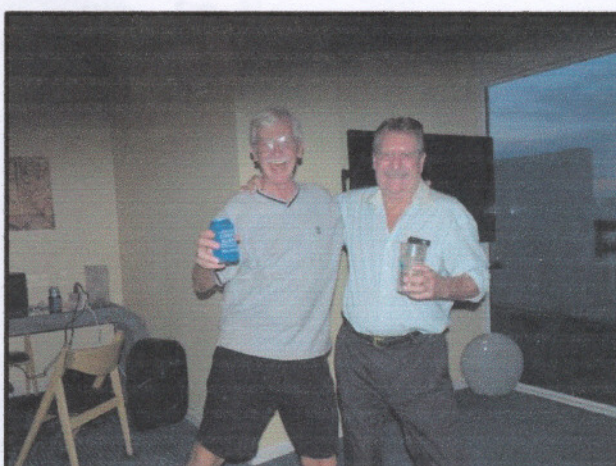
Brown Bag Wine Tasting Party Photos by Joel Black, Max Goldstein

Everyone had the chance to sample the wines and vote for their favorite. Terry Patterson's Team won and received SSSF Cups with Logo!! The winning wine was Clos du Bois 2012 a Cabernet Sauvignon that you can buy at Publix for \$11.51. All of the wines were delicious and the votes very close. Special Thanks to the Team Members: Jean Marie Gordon, Pam Angel, Beverly D'Amico, Cathy Childs, Joan Derrig-Heacox, Mary Kress & Peter Wilkinson, Gabriella Manley, Christine Holod, and Bill Roberts. Many members also brought excellent wines, and appetizers!! Betty Vicente brought her own Birthday Cake and we all sang Happy Birthday to Betty and all July Birthdays! Rich Hustins was our DJ and kept us dancing all night!!

Other Volunteers included: Terry Patterson, Robert Betteral, Jim Price, Miriam O'Connel, Gillian O'Neill, Rena Mamolou, Carol Saler and a special Thank you to Max Goldstein and Cathy Childs. We received help from volunteers that are not members of SSSF: Joel Black, John Hansbrough, and Stephen Goddard.



Sailing Singles of South Florida



Sailing Singles of South Florida

From the Helm



Dear Sailing Singles:

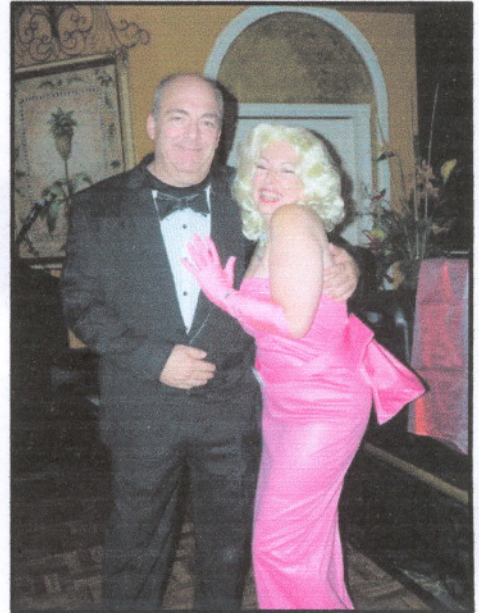
Summer is upon us and that sometimes means we slow down for a bit while people are away, but thanks to Susan Cohoat, our Sailing Director, we still have a number of sails lined up:

Friday evening, July 31- Blue Moon Sail

Saturday, August 1- Day Sail

Sunday, August 16- Mid-August Day Sail

Saturday, August 29- Full Moon August Sail



We are also having a Beer Can race on August 23. At first, I thought this was something people do with their recyclables after a drinking party, but apparently they are a summer time staple, event at nautical and yacht clubs. Urban legend has it that casual, weekday racing earned its name because most of the participants didn't know how to read the race rules and couldn't tell a windward mark from the starting line; they simply followed the empty beer cans tossed overboard by the leading boats. Which makes me wonder why we haven't participated in more of these. Anyway, it's the 23rd of August and Dick Linehan will be organizing it.

There have been some changes in the club I'd like to announce (it would be Sailing Singles without some changes every now and then). Karen Foster has resigned as Newsletter Director to focus on her business, so the aforementioned Dick Linehan has assumed her duties. Also, Anne Ekstrom has accepted the role of Vice Commodore for the remainder of the year.

Thanks to our recommendations from our Budget committee, we will finally have a determination on how to spend the extra money in our account. Also, by the time you read this, we will have Director's and Officers Insurance, our little legal PFD to keep us afloat. There is a learning curve on getting to know Wild Apricot, the software for our new website, but once it's up and running, it will require little maintenance. You can see photos of our past events at our Meet-Up and Facebook pages - Max Goldstein, Commodore

Sailing Singles of South Florida

August Birthdays

Join us at our General Meeting at the Universal Palms Hotel at 6:30 PM on 6 August to celebrate our August birthdays. Cake will be served after the meeting.

Happy Birthday to John Brown, Ethel Facundo, Bonnie Koshollek, Kelly Dobbs, Karen Foster, Jodie Kettle, Doneleigh Young, Sol Haselnass, Arthur Rochlin, Terry Patterson, David Witczak, Mike Efford, Brad Malow, and Bill Hirsh




Hurricane Helpers List

At the last Captains meeting, a suggestion was made to generate a list of members who are willing to help our captains secure their boats when a hurricane is coming. Obviously, working closely with a captain will make an impression on the captain.


Susan Cohoat and myself will be passing a sign up sheet at the next general meeting.

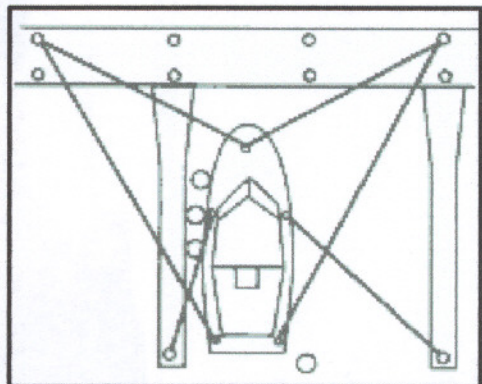
**BERKSHIRE
HATHAWAY**
HomeServices
Florida Realty



Jim Price
REALTOR®

2780 N. University Dr.
Coral Springs, FL 33065
954-369-0309 Direct
954-540-0309 Cell
888-407-3563 Fax
jimprice1@hotmail.com
jimforreal.com


A member of the franchise system of BHR Affiliates, LLC



Sailing Singles of South Florida

Laptop PC & Projector

At the June general meeting, a motion was passed to authorize Dick Linehan to spend up to \$1500 to purchase a laptop, projector, screen and assoicated equipment. He was able to purchade the total package for \$1200.

The Guldstream Sailing Club has similar equipment that is used at hheir general meetings ans special events like the Boarathalon.



The August meeting's agendal with speaking points for each speaker will be displayed on the projection screen. This will aid members in keeping track of the meetings flow.

Before the meeting, there will be a 10 minute video about testing four anchors. A Bruce, Fortress, a CQR plow, and a Delta are tested with underwater footage showing how well these anchors set.



Mollie McClure Meyers
Beach Specialist for over 25 years
www.molliemeyers.com
Mollie McClure Meyers, Inc.
3015 N. Ocean Blvd.
Suite C115A
Fort Lauderdale, FL 33308
Office: (954) 564-5603
Home: (954) 566-2974
Fax: (954) 563-5715
mollie@moliemeyers.com


Master Broker



Sailing Singles of South Florida

SSSF Senior Senior Prom by Lynette Beal

The SSSF Senior-Senior Prom was held June 20, at Universal Palms. There were 60 people who attended this fabulous event. The Room was beautifully decorated and we rocked out to Johnny B Elvis a fantastic Elvis impersonator!! Our very own Cathy Childs a member of SSSF was our Mystery Marilyn Monroe. She dressed in a long pink dress like Marilyn wore and had the Marilyn hair, jewelry, and long gloves and looked beautiful. She sang for the group and everyone enjoyed her performance. DJ Rich Hustins played some great oldies! We had a Sit-Down Dinner of Lasagna with salad, vegetables, rolls and delicious chocolate cake. People brought their old Prom pictures or High School pictures which was so much fun. Everyone felt like they were back at their Senior Prom!

The following individuals won Senior Superlatives:

Kelly Dobbs & Sheila O'Neil- Homecoming King & Queen

Best Dressed for Prom- Debbie Hallmark & Stan Dekiel

Runner-up for Best Dressed Camille Galindo & Tom Mestrits

Honorable Mention- Jean Marie Gordon & Joel Black

Most Likely to Succeed- David Witczak

Most Popular- Jane Anderson

Best Personality- Jim Price

Best Looking Gal- Karen Foster

Best Looking Guy- Harley Wood

Class Valedictorian- Karen Brown

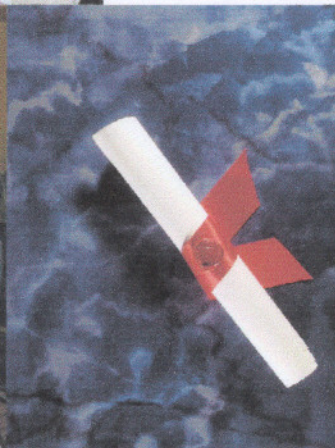
Best Pictures- John Konheim & Camille Galindo

Volunteers: Bill Roberts, Max Goldstein, Mary Kress, Peter Wilkinson Janet Pogozelski, Beverly D'Amico, Nikki McSweeney, Gillian O'Neill, Cathy Childs, Burt Cohen, Rich Hustins, Jean Marie Gordon, Joel Black



Sailing Singles of South Florida

Senior Senior Prom Photos by Joel Cohen



Sailing Singles of South Florida

Editor's note

Since I was appointed to be the Boat Owner's Rep, I have been promoting the sailing aspects of our club. I purchased the PC and projector to emulate the Gulfstream Sailing Club's general meetings. I am providing short videos at the general meetings to inform all members in some detail about some aspect of sailing.

I plan to highlight a different SSSF captain each month. When I talk to these members and share sea stories, I am amazed and impressed on the extent of their sailing knowledge and experiences.

This month, we focus on Captain Jim McBrayer. Many of our members have crewed on his boat, the Escape. It is a very well laid out sailing vessel. Jim has it configured to single-hand so guests can sit back and watch Jim do his sailing magic.



Captain's Log

My father taught my brother and I to sail when I was about 10 years old. He was teaching at the Naval War College in Newport, Rhode Island and had free access to the Navy's Star Class and other sailboats. I can't think of a much prettier place to be on the water!

About once every year or so, I would take a sailing vacation. I got my ASA coastal cruising certification and began chartering boats in different locations including Florida, the Bahamas, the Virgin Islands, France, Greece, Mexico and Australia. I retired in 2007 and decided to fulfill a lifetime dream of owning my own sailboat. It took me almost a year before deciding on my Catalina 350. It had plenty of headroom below deck, small enough that I can single hand, sleeping capacity for up to 6 people, fully equipped with good electronics, heat and air conditioning, and even a 9' dinghy with motor on davits

Captain's Log continued on P 10

Page 9

Sailing Singles of South Florida

Captain's Log continued

For the past 6 winters I have lived aboard, first in Key West and now in Dania Beach. One of the best things I have done was to join Sailing Singles Of South Florida. I am very grateful to have met many new friends and experienced sailors through the club. Probably the most fun trip for me, was last year when we some of us buddy boated to Key West and the Dry Tortugas.

I decided to study for my Captain's License. It was an intense month of classes and exams leading up to a 50 ton Master of Motor or Auxiliary Sail vessels. That means I now have the option to take passengers for hire and conduct charters with certain limitations. One of the most challenging trips I've done was to crew with two friends on a 45' Island Packet from New Zealand to the islands of Tonga with a thousand nautical miles with a strong headwind most of the way. There is nothing quite like a solo night watch under a dark Southern Hemisphere sky so far from land that one rarely sees another living creature or hears a sound other than the wind and waves.

During the summers, I live far from the ocean in Taos, New Mexico. I miss my Florida friends and the water when I am away and look forward to returning in sometime in November or early December. Perhaps a few trips back and forth between now and then will help keep the salt water in my veins!

**Whether Buying or Selling Real Estate Let Anita Make
Your Next Real Estate Experience a Positive One!**



Owned and Operated by NRT LLC.

ANITA PAPKOV
REALTOR
Multi-Million Dollar Producer

561-789-8117 DIRECT (CELL)
561-395-2297 FAX
acpbeach@juno.com



RESIDENTIAL REAL ESTATE
1 SOUTH OCEAN BLVD., SUITE 2
BOCA RATON, FLORIDA 33432



Sailing Singles of South Florida

June Board Meeting Minutes

Max reported on the research for directors' insurance. A motion was made to buy the insurance and approved.

Most of the social and sailing events reported by Lynette and Susan have already taken place, and were very successful. Kathy Childs was stunning at the Senior, Senior Prom as a Marilyn Monroe look alike. We also had fun singing and dancing with "Elvis".

Sailing Singles and Gulfstream had a tug of war on Lake Sylvia. We had great fun, even though there was no winner. The line kept moving - no surprise there since we were in the water!

Membership director stated that we have 168 members.

The Boat Owner's Rep, Xcapt. Dick reported that Kelly Dobbs is organizing the overnight LaborDay Sail, and Debi Hallmark as agreed to organize the Columbus Day Regatta.

On June 22 the board voted to maintain the reserve as is, pending the resolution of the threat of litigation. The Pink Book has been published and our new website is being set up.

Gillian O'Neil

Sailing Credits January to August 2015

Captain	#	Captain	#
Jim McBrayer	24	Kelly Dobbs	4
James Bradford	4	Dave LeGrow	1
Ken Moreland	2	Jay Tomsen	3
Mike Sawzak	1	Ken Bloemker	1
Tom Crawford	3	Pat O'Brien	3
Mike Efford	2	Gary Mayes	2
Bob Mifsud	3		

Sailing Singles of South Florida

2015 Board of Directors

Commodore	Max Goldstein	commodororesssf@sailingsingles.org
Vice Commodore	Anne Ekstrom	vicecommodore@sailingsingles.org
Secretary	Gillian O'Neill	secretarysssf@sailingsingles.org
Treasurer	Mary Kress	treasurersssf@sailingsingles.org
Social Director	Lynette Beal	socialdirectorsssf@sailingsingles.org
Membership Director	Ben Nahabedian	membershipdirsssf@sailingsingles.org
Sailing Director	Susan Cohoat	sailingdirsssf@sailingsingles.org
Newsletter Editor	Dick Linehan	boatownersrepsssf@sailingsingles.org
internet/Social Media Producer		webmastersssf@sailingsingles.org
Boat Owner's Rep	Xcaptain Dick	boatownersrepsssf@sailingsingles.org



If you need help buying or selling a property, I can help!

I, also, just completed my Global Property Specialist. I can help with buying or selling anywhere in the world!



Call Karen Foster
561-212-7769
or email me at
Karen.Dynamic@me.com

Sailing Singles of South Florida

Spinnaker Sponsors

There are now four levels of donation: Platinum: \$100.00, Gold: \$50.00, Silver: \$35.00, Bronze: \$20.00. If you see your donation is up for renewal, please rejoin (and upgrade if you can).

Platinum – \$100.00
Patrick O'Brien
Gold – \$50.00
Rudy and Arlene Sprenger – July 2013 Mollie Meyers – September 2013
Silver – \$35.00
Sid Royal – March 2013
Bronze – \$20.00

To become a Spinnaker Sponsor, donate \$20.00, \$35.00, \$50.00 or \$100.00 to the club which allows the club to provide more activities for its members. **WE NEED MORE SPONSORS.** As you can see, a lot of memberships have expired. Please join or rejoin!



**Wishing You
and Your Family
a fabulous Summer!**

**Pauline
Morissette, P.A.**

Realtor® - English & French
Direct: 954.899.7967

555 S. Powerline Rd.
Pompano Beach, FL 33069



Sailing Singles of South Florida

Introduction to Beer Can Racing

Beer Can Races allow people to experience [yacht racing](#) in a more relaxed environment than that of a major offshore race.

Beer Can Races are normally short courses, and many restrictions can apply to keep the sailing simple. Many clubs restrict the use of Spinnakers, trapeze harnesses or the use of twin headsails.

The 10 Commandments of Beer Can Racing

1 Thou shalt not take anything other than safety too seriously. If you can only remember one commandment, this is the one. Relax, have fun, and keep it light. The point is to have fun, but stay safe. Like the ad says, "Safe boating is no accident."

2 Thou shalt honor the racing rules if thou knowest them.

For beer can racing, just remember some of the biggies (port tack boats shall avoid starboard ones; windward boats shall avoid leeward ones; and outside boats shall give room at the mark). Stay out of the way of bigger boats, pay your insurance premiums and keep a low profile unless you're sure you know what you're doing. Like most things, it boils down to common sense.

3 Thou shalt not run out of beer.

4 Thou shalt not covet thy competitor's boat, sails, equipment, or crew. No excuses or whining; if you're lucky enough to have a sailboat, just go use it!

5 Thou shalt not lose your cool. No screaming, swearing, or overly aggressive tactics.

6 Bribe the committee boat. The captain loves good Cabernet wine.

7 Try to follow the leader and don't miss any marks or hit them

8 Try to focus on racing, not the latest gossip

9 Each boat must finish with the same number of crew that it started with!!!

10 Take plenty of photos for the Mainsheet

Sailing Singles of South Florida

First Annual Beer Can Race Instructions

- 1 – The start line will be an imaginary line between the Port Everglades Channel Red Buoy #2 and the Committee Boat “Irish Rover”. The boat will not be anchored but hovering in place flying a pink flag. Leave the committee boat to Port.
- 2 - The race course will commence from the start line and head east to the Port Everglades Entrance Buoy (Sea Buoy) and taking it to Port
- 3 - Sail north to the commercial anchorage (N 26.07.05, W 80.04.5) (apx.)
- 4 - Sail around the nearest vessel, taking the vessel on your Port.
- 5 - Sail back to the Port Everglades Channel entrance and pass between the Red #2 and the Green #3 buoys. At the line between the two buoys, take your time using a cell phone clock.
- 6 - Report this time back to the Irish River anchored in Lake Sylvia.
- 7 - Starting times will be emailed to the reregister yachts. The shortest will start at 12 noon, with next shortest starting next, and repeated until the last and longest yacht has started.
- 8 - All yachts will use normal cruising sails – no 170 Genoas, Spinnakers, or trapezes, no engines running 5 minutes before your scheduled start.
- 9 - All yachts must finish with the same number of crew as at the start!!!

Trophies will be awarded about “Irish Rover.” We are having a theme for the crews to dress up for. It is the “America’s Cup.” Categories will include First place, Second place, Third place, best looking crew, best dressed crew, funniest dressed crew, best bribe to the committee boat captain (loves good Cabernet wine), and best sportsman (for last place).

DEMOLITION & ESTATE SALES SPECIALISTS, Inc.



Ben Nahabedian
(954) 682-3056
bennaha9@gmail.com

Going Green / Reuse to Reduce
“STOP - DON’T THROW MONEY AWAY”

HELP SAVE OUR ENVIRONMENT
Website: www.DemoEstateSales.com

Sailing Singles of South Florida

A brief History of the America's Cup

The trophy was originally awarded in 1851 by the [Royal Yacht Squadron](#) for a race around the [isle of Wight](#) in [England](#), which was won by the schooner [America](#).

The trophy was renamed the **America's Cup** after the yacht and was donated to the [New York Yacht Club](#).



The America's Cup is preceded by a series of regattas to select a defender and a challenger. The America's Cup is a match race between the defender of the cup and one challenger.

For 132 years, the New York Yacht Club was able to continuously win the series but stacking the rules to favor the defender. But in 1983, the Australian challenger unveiled a 12 meter yacht that sported a winged keel. The challengers won and took the mug back to Australia.

Since then, the cup was won by "Starts and Stripes" the San Diego YC and then lost to "Black Magic" from New Zealand. Next, the Swiss (yes- a land locked country) won the trophy. Then Larry Ellison of Oracle Software brought the cup to San Francisco.

I attended the 34th America's Cup in San Francisco where I worked as a deck hand on a charter spectator boat. It was thrilling to see 72 ft. catamarans rise out of the water and "fly" on one hydrofoil at speeds up to 56 MPH. Team Oracle started the series with a -2 point score due to previous cheating. Larry Ellison's Team Oracle staged an improbable come-from-behind victory, winning eight races in a row to defend the Cup with nine points to New Zealand's eight.

Oracle Team USA stands to defend the America's Cup in July 2017 on behalf of the Golden Gate Yacht Club. [Bermuda](#) is slated to host the Cup, where racing will take place on the [Great Sound](#) using 45 ft. cats with hydrofoils.

The list of countries who have entered yachts for competition include the United States, England, Italy, France, Sweden, Switzerland, Spain, Russia, Japan, Australia, and New Zealand.