

Main Sheet

Sailing Singles of South Florida



Volume XXIV

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Spring SOS 2013

Congratulations and Kudos to Pam and her crew for the terrific SOS!!

Thank you to all who attended the post SOS training day event on Sunday April 7th. The weather put a damper on some of the actual sailing training we could have done and the photo shoot had to be postponed. Those who ventured out on the ocean had a rocking good time.

There were 13 boats and about 60 to 65 members at the after sail raft-up in Lake Sylvia. A big thank you to James Bradford who volunteered to be the raft master. You did a terrific job. Thanks to all the captains and crew for your patience and cooperation.

– Stan Dekiel, *Sailing Director*



We offered Beginner Classes,



Advanced classes,



And VERY advanced classes (only one taker on this one). More on page 3.

| | | | | |
|---|--|--|---|---|
| <div>Commodore: Debi Hallmark CommodoreSSSF@SailingSingles.org</div> | <div>Schedule of Events 7/4/13 – No General Meeting. Happy July 4! 7/5/13 – Concert in the Park 7/7/13 – Jazz Brunch 7/11/13 – Thursday night social - Lauderdale Grill 7/12/13 – Concert in the Park 7/18/13 – Thursday night social - Lauderdale Grill 7/19/13 – Concert in the Park 7/25/13 – Thursday night social - Recognize July Birthdays at the Lauderdale Grill 7/26/13 – Concert in the Park Mark your calendars: 8/3/13 – Captains Appreciation Day 8/17/13 – Roaring ‘20s Party – at Bob Mifsud’s</div> | | | |
| <div>Vice Commodore: Pam Angel ViceCommodoreSSSF@SailingSingles.org</div> | | | | |
| <div>Secretary: Gillian O’Neil SecretarySSSF@SailingSingles.org</div> | | | | |
| <div>Treasurer: Nikki McSweeney TreasurerSSSF@SailingSingles.org</div> | | | | |
| <div>Membership: Patricia Greene MembershipDirSSSF@SailingSingles.org</div> | | | | |
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| <div>Social Director: Lynette Beal SocialDirSSSF@SailingSingles.org</div> | | | | |
| <div>Sailing Director: Stan Dekiel SailingDirSSSF@SailingSingles.org</div> | | | | |
| <div>Boat Owners Representative: James Bradford BoatOwnersRepSSSF@SailingSingles.org</div> | | | | |
| <div>Internet Producer: Marialda Cabral WebMasterSSSF@SailingSingles.org</div> | | | | |
| <div>Advertisers Business Card 2”x 3.5” Members \$50 per annum Non-Members \$100 per annum Make check payable to SSSF Contact: Max Goldstein NewsletterDirSSSF@SailingSingles.org</div> | <div>Happy July/August Birthdays:<table><tr><td>Jane Turner - 07/01 Gregory Rewa - 07/02 Cathy Wilkinson - 07/02 Kathryn Brett – 07/06 Betty Vicente - 07/11 Gale Goddard - 07/14 Gillian O'Neill - 07/16 Maria Thompson - 07/16 Sherry Makis - 07/17 Bill Olson - 07/18 Charles Biancardi - 07/18 Ken Moreland - 07/18 Ed Lewis - 07/19 Camille Luft - 07/20 Bernard Gartner - 07/21 Mary Ann Hernandez - 07/25 Kenneth Bloemker - 07/27 Cathy Childs - 07/27</td><td>Susan Cohoat - 07/28 Rena Mamolou - 07/28 Max Goldstein - 07/31 Kenneth Tafts - 07/31 Gerhard Estner - 08/02 Ethel Facundo - 08/06 Tom Turnberger - 08/06 Kelly Dobbs - 08/07 Ellen Gibbs - 08/08 Terry Patterson - 08/20 David Witezak - 08/20 Patricia Somers - 08/21 Dot Castell - 08/24 Mike Efford - 08/26 Bill Hirsch - 08/29 James Buckmaster - 08/20 Brad Malow - 08/27</td></tr></table></div> | | Jane Turner - 07/01 Gregory Rewa - 07/02 Cathy Wilkinson - 07/02 Kathryn Brett – 07/06 Betty Vicente - 07/11 Gale Goddard - 07/14 Gillian O'Neill - 07/16 Maria Thompson - 07/16 Sherry Makis - 07/17 Bill Olson - 07/18 Charles Biancardi - 07/18 Ken Moreland - 07/18 Ed Lewis - 07/19 Camille Luft - 07/20 Bernard Gartner - 07/21 Mary Ann Hernandez - 07/25 Kenneth Bloemker - 07/27 Cathy Childs - 07/27 | Susan Cohoat - 07/28 Rena Mamolou - 07/28 Max Goldstein - 07/31 Kenneth Tafts - 07/31 Gerhard Estner - 08/02 Ethel Facundo - 08/06 Tom Turnberger - 08/06 Kelly Dobbs - 08/07 Ellen Gibbs - 08/08 Terry Patterson - 08/20 David Witezak - 08/20 Patricia Somers - 08/21 Dot Castell - 08/24 Mike Efford - 08/26 Bill Hirsch - 08/29 James Buckmaster - 08/20 Brad Malow - 08/27 |
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| | <div>Check out our new line of SSSF products! We have an on-line store for our product line, where you can purchase various items with our SSSF logo. Please visit: http://www.cafepress.com/sailingsingles to see what’s for sale. (and we do get a small percentage of all purchases).</div> | | | |

Spring SOS (Continued)



The day after the SOS: Well, we tried to have a sail and raft-up where we could put our newly-acquired knowledge into use, but the weather wasn't cooperating so we settled for just the raft-up (except for a few boats that did brave the high seas).



Thanks to our volunteers: Master Organizer: Vice Commodore Pam Angel

Ron Zwiller - Power Squadron instructor
Tom Nolan - Power Squadron instructor
Arlene Bothwell-Sprenger - SOS volunteer
Cathy Wilkinson - SOS volunteer
Fred Van Everdingen - SOS volunteer
Stephen Goddard - SOS volunteer
Bill Roberts - SOS volunteer
Carol Rappaport - Instructor

Janet Pogozelski - SOS volunteer
Carol Saler - SOS volunteer
Dave LeGrow - SOS volunteer
Debbie Figueira - SOS volunteer
Debi Hallmark - Instructor
Jane Anderson - SOS volunteer
Jane Haughian - Instructor
Jane Turner - SOS volunteer
Kelly Dobbs - Instructor

SOS Lead Volunteer: Ethel Facundo

Ken Bloemker - Instructor
Max Goldstein - SOS volunteer
Peg Hilton - SOS volunteer
Peggy Lackner - Co-instructor
Peter Wilkinson - Instructor
Rita Lehto - SOS volunteer
Sheila O'Neill - Co-instructor
Steve Bernstein - Instructor

Cinco de Mayo Sailabration

– Kim Levin

Patrick picked me up in his sporty Z9 convertible and we sped off to the dock off 15th street. We unloaded vast quantities of alcohol and appetizers, then boarded the vessel with our supplies. Today, the sailing club was to celebrate Cinco de Mayo. We played Spanish music, drank Margaritas, and wore sombreros to get us in the spirit. Our boats rafted up near Las Olas with our faded pink flags hanging on the masts above us. We cautiously meandered from one boat to the next, requesting permission to board from the captains and crew. We feasted on guacamole, refried beans, salsa and chips, and tacos. The Margaritas kept coming all day.

Then, we all gathered in or around Capt. Mike's cockpit to watch the muddy Kentucky Derby race on TV. Most of us were rooting for the female jockey, but she did not win.

After the race, it was time to rename Mike's vessel. This was a very serious and important ceremony.

It is well known that that renaming a boat brings bad luck. Thus, renaming a boat is not something to be done frivolously. Since the beginning of time, sailors believe that there are unlucky ships and the unluckiest ships of all are those who have defied the gods and altered their names. Captain Mike needed to change the name without incurring the wrath of deities that rule the elements.

According to legend, every vessel is recorded by name in the Ledger of the Deep and is known individually to Poseidon, or Neptune, the god of the sea. It is reasonable to surmise that if we wish to change the name of a boat, the first thing that must be done is to purge its name from the Ledger of the Deep and from Poseidon's memory.

This is a complex procedure beginning with the removal or obliteration of every remaining sign of the boat's current identity. This is fundamental and must be done methodically.

Mike assured us that all traces of his boat's former identity had been removed. It was time for the ceremony, and the group gathered up to bear witness during this auspicious occasion.

He began by speaking to Poseidon:

Oh mighty and great ruler of the seas and oceans, to whom all ships and we who venture upon your vast domain are required to pay homage, implore you in your graciousness to expunge for all time from your records and recollection the name "More Serenity" which has ceased to be an entity in your kingdom. As proof thereof, we submit this ingot bearing her name to be corrupted through your powers and forever be purged from the sea.

In grateful acknowledgment of your munificence and dispensation, we offer these libations to your majesty and your court. (Champagne is spilled onto the deck.)

Then, the renaming began: Again, Poseidon was called upon:

Oh mighty and great ruler of the seas and oceans, to whom all ships and we who venture upon your vast domain are required to pay homage, implore you in your graciousness to take unto your records and recollection this worthy vessel hereafter and for all time known as "Blue Bayou," guarding her with your mighty arm and trident and ensuring her of safe and rapid passage throughout her journeys within your realm.

In appreciation of your munificence, dispensation and in honor of your greatness, we offer these libations to your majesty and your court. (And a fine bottle of champagne was smashed to smithereens on the bow.)

The next step in the renaming ceremony was to appease the gods of the winds. This assures a future of fair winds and smooth seas. Because the four winds are brothers, it is permissible to invoke them all at the same time, however, during the ceremony; each must be addressed by name:

Oh mighty rulers of the winds, through whose power our frail vessels traverse the wild and faceless deep, we implore you to grant this worthy vessel "Blue Bayou" the benefits and pleasures of your bounty, ensuring us of your gentle ministration according to our needs. (Facing north, more champagne is poured onto the deck.) Great Boreas, exalted ruler of the North Wind, grant us permission to use your mighty powers in the pursuit of our lawful endeavors, ever sparing us the overwhelming scourge of your frigid breath. (Facing west, more Champagne is spilled.) Great Zephyrus, exalted ruler of the West Wind, grant us permission to use your mighty powers in the pursuit of our lawful endeavors, ever sparing us the overwhelming scourge of your wild breath. (Facing east, repeat and fling to the East.) Great Eurus, exalted ruler of the East Wind, grant us permission to use your mighty powers in the pursuit of our lawful endeavors, ever sparing us the overwhelming scourge of your mighty breath.

(Facing south, repeat, flinging to the South.) Great Notus, exalted ruler of the South Wind, grant us permission to use your mighty powers in the pursuit of our lawful endeavors, ever sparing us the overwhelming scourge of your scalding breath.

The ceremony was completed, and more bottles of Champagne were opened, and we all imbibed upon the proffered sparkling wines. Then, we drank more Margaritas.

The rest of the evening is a haze. I think we stayed out until late singing karaoke songs in Spanish and dancing the Mexican Hat Dance until our feet and lips hurt.

(Editor's Note: We actually celebrated Cinco de Mayo one day early, making it Cinco de Quatro. I mean, why invite comparisons?)







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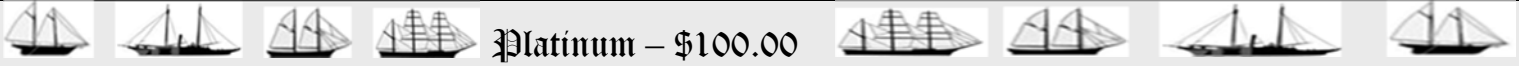
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Debi Hallmark – September 2012

Jane Haughian – September 2012

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Nautical Phrases

Keel Hauling

A naval punishment on board ships said to have originated with the Dutch but adopted by other navies during the 15th and 16th centuries. A rope was rigged from yardarm to yardarm, passing under the bottom of the ship, and the unfortunate delinquent secured to it, sometimes with lead or iron weights attached to his legs. He was hoisted up to one yardarm and then dropped suddenly into the sea, hauled underneath the ship, and hoisted up to the opposite yardarm, the punishment being repeated after he had had time to recover his breath. While he was under water, a "great gun" was fired, "which is done as well to astonish him so much the more with the thunder of the shot, as to give warning until all others of the fleet to look out and be wary by his harms" (from Nathaniel Boteler, A Dialogicall Discourse, 1634). The U.S. Navy never practiced keel hauling.

Mayday

The distress call for voice radio, for vessels and people in serious trouble at sea. The term was made official by an international telecommunications conference in 1948, and is an anglicizing of the French "m'aidez," (help me).